Relax FIR Sauna

Enjoy a Professional Sauna in your home: Remove Toxins, Reduce Body Fat, Boost Metabolism. Experience Deep Relaxation, and slow down Aging !

For centuries, in order to detoxify, people have exercised and practiced arts such as Chi Gong in order to stimulate glands and/or to produce sweat, 15 minutes in the RELAX FIR sauna can help improve capillary function, revitalizing the circulatory system and activating cellular renewal. Far Infrared Light energy boosts the body's metabolic rate, assists in fighting illness, and enhances the body's ability to regenerate cells.

Boosts Metabolism

Far Infrared Energy pulsates the water molecules in the body, and breaks down the water molecule clusters. This improves capillary function, allowing the water molecules to easily enter, revitalize, and regenerate the body's cells.

Burns Calories

The RELAX Far Infrared Sauna can produce 2 to 3 times the sweat of other FIR Saunas. Arthur Guyton's textbook says that producing 1 gram of sweat burns .568 calories. Using the Relax sauna for 15 minutes could easily burn about 600 calories, the equivalent of running 4-6 miles, or doing a 45 minute cardiovascular workout.

Reduces Body Fat



Reverses the Aging Process

Americans are used to sitting for extended periods, often over-eat, usually do not exercise regularly, and are often susceptible to chronic diseases and aging. The FIR Sauna can raise the metabolic rate, enhance beauty, and reverse the aging process.

Enhances Detoxification

The Relax FIR Sauna can open up the pores in the body and release the toxins that are building up inside. It can clean up the body and reduce the workload of the body in removing toxins. We have dozens of testimonies indicating its effectiveness.



通常のサウナでは汗腺からの水汗しか排出できませんが ダイエットサウナは、脂肪や発ガン性物質、ダイオキシン などの悪性物質を含む皮脂腺からの脂汗をしぼり出しま す。だから、ねっとりとした濃い、黄色い汗がでるのです。

(Remove Toxins)

- -Metabolism Waste -Dioxins
- -Cadmium & Hg
- -Heavy Metals
- -Fats



25"x55"*18 1000W FIR



Patented Self-Temperature Control Semi-conductor Far Infrared Technology. This semi-conductor chip is programmed to filter out all NON-Far Infrared Light. No other portable FIR Sauna uses this technology. FIR Energy Voltage 120V

Effective! 100% Safe



20 of these patented semi-conductor chips are in each of the2 FIR Radiators.



Overcoming Heavy Metal Toxicity !

Re: Testimonial for your (RELAX) Far Infrared Saunas

From: Karen Russell, M.A., HHC Gerontologist and Holistic Health Counselor



I am forever indebted to your company for the health benefits I have derived from your Far Infrared Sauna. Allow me to give you some background. I am a gerontologist and holistic health counselor, board certified by the Association of Drugless Practitioners. In my quest for health and longevity, I discovered that I had extremely high levels of heavy metal toxicity, including mercury and lead. Though they had been going down with supplements, Zeolite, removal of my mercury fillings, foot detox pads, chlorophyll, cilantro and DMSA treatment over the last couple of years, I could not get them to normal levels. My holistic MD had been telling me to get a far infrared sauna to detox from my heavy metals, but I didn't think I had space for one in my home, nor did I know which one to select.

Quite by accident, while I was attending the ACAM (American College for Advancement in Medicine) conference, I was talking to one of the MDs who was lecturing about detox, and was asking her about the FIR saunas. She recommended one she was using in her practice, which turned out to be your model. Imagine my delight when I found out it was totally portable and could easily fit into a small closet, and set up in less than three minutes.

I was so amazed that after only about a month of use, not only did my labs show my heavy metals were now normal, but I discovered that my cellulite was dramatically improved. Within a few months of daily use, my skin texture dramatically changed. My cellulite was over 65-70% improved, and my skin was no longer dry. It was nothing short of amazing.

Since I enjoy eating, and used to have a weight problem, I was thrilled to burn 600-1200 calories in each session, depending on how long I use the sauna for. In this way, I have been able to consume a great deal more calories, without gaining weight. Again this is a miracle for me.

Of course, my studies and research in natural health have documented that most disease is a result of accumulated toxins. The top medical doctors in the field of environmental toxins have emphasized the importance or eliminating the toxins stored in the fat in our bodies, via sweat produced by far infrared rays of 4-14 microns. I had never perspired much, other than a few beads of perspiration here and there, (which is possibly why I accumulated toxins in the first place). I was shocked and delighted that with your FIR sauna, I literally pour sweat. And it is at the proper wave length of 4-14 microns. My body composition has been documented and my fat has gone down from 38% to 20%. I have attached before and after pictures (NOT retouched in any way.) Although I will be 56 in September, 2008, I am told I look like I am in my late 30's or early 40's. I actually feel like I'm 18!

I also used to have occasional knee and back pain and the sauna alleviated that, too, not to mention that it is deeply relaxing. I have a variety of tools in my "wellness arsenal," but I must say that the FIR sauna is the single most important device I have ever used. In my practice, I tell my clients that it is an essential tool for wellness and longevity.

Kudos to your company for such an outstanding product! I rarely miss a day of using my FIR Relax Sauna. To say "thanks a million," would be an UNDERSTATEMENT. If anyone ever has any questions about the quality or efficacy of your saunas, or the outstanding service you provide, please feel free to use me as a reference.

With great appreciation,









Relax Far Infrared Sauna

2007- 2008 Before & After pictures of Karen Russell

Karen reports that after 2 1/2 years of struggling with heavy metal toxicity (mercury, lead, etc.), although she had had moderate success with a number of other products, her symptoms still persisted, and her lab reports all showed too much mercury and lead. After 5 weeks of using the Relax Sauna, Karen felt so much better. Her lab reports also for the 1st time showed normal levels of mercury and lead.

Note: Karen had already lost some weight before getting the Relax sauna. However, after using the sauna, she reports to us that in the next 2 months, her skin texture dramatically changed, her cellulite decreased 65-70%, her skin was no longer dry,

& her fat content went from 38% to 20%.



Massage Therapists are amazed at the difference 10 minutes in the Sauna makes

We have been having amazing reports recently by many massage therapists and health professionals. After a massage therapist in Detroit got a Relax Sauna from us, she put one of her MS clients in the Sauna, and the relief was so great, this Massage Therapists ordered 3 more saunas to sell to this client, and 2 others.

It is almost common knowledge among massage therapists that when they put their clients in the RELAX sauna for just 10 minutes, they can generally give a "50 minute massage" in about 25 minutes. Another health professional doing reconnective tissue work also reported to us even better results. "Massaging people after they have been in the RELAX sauna for 10 minutes is like butter melting in the microwave," we have been told.

Diabetic Ulcers disappear in 2 months

A lady who owns a spa in Philadelphia bought our sauna because she was impressed with our report showing how the Sky Eye Professional Radiator had helped a huge ulcer heal in only 7 weeks. (see below.) She has been using the Relax Sauna in her health spa, charging for 20 minute sessions. She reported to us that she has had two clients who each had maybe 5-10 small diabetic ulcers on their legs. Both, after using the sauna just twice a week, had their diabtic ulcers clear up in just 2 months.

No More Hepatitis C / No liver transplant needed

She also reported to us that a man who had hepatitis C no longer has it, and that a lady told she needed a liver transplant no longer needs one. Both received a series of sauna treatments.

Sleeping Better

We are getting many reports from those who have been using the Relax Sauna regularly, that they sleep so much better than before.

One lady would come into our store and use our sauna for 5-10 minutes 2-3 times a week. She has reported to us on those days she used the sauna she did not need any sleeping pills, and she slept great. After 3 months of using the sauna for just 5-10 minutes 2-3 times a week, just barely sweating, she has reported to us she no longer needs any sleeping pills period.

We were at a show in Cincinnati, and a lady bought a sauna from us. We took it up to her hotel room for her. The next day, she told us that she used the sauna for just 15 minutes before going to bed, and she had the best sleep she has ever had in a hotel before !

Professional Far Infrared Sky Eye 800Watt Radiator World's most powerful medical lamp used for healing purposes.



The Relax Sauna stands Heads & Shoulders above any other FIR Sauna ! Why ? How does the Relax Sauna compare to other Portable Saunas?



Relax Sauna



2 Sauna radiators each generating 100%FIR light sit inside the tent by your feet. Your feet can be placed on topof each radiator.



20 of these Patented ceramic semi-conductor chip are in each of the 2 radiators. The computor mented by the FDA.

The Relax Sauna (made in Taiwan) is the only portable Sauna in the world that uses a special technology, i.e. a semi-conductor chip. This makes the Relax Sauna not only unique, but also more effective than any other portable (or wooden) sauna. The Relax Sauna technology is listed as a medical device with the FDA. (Our 510(k) # is K053376.) The FDA has verified that the invisible light rays produced by the Relax Sauna radiators are between 4 - 14 microns (at 140-170 degrees), which means that these rays are 100% absorbable Far Infrared Light, which we call healing light. The Relax Sauna patented ceramic semi-conductor chips filters out all nonhealing energies, which can be a distraction for absorbing the pure healing FIR light.

All other rays of light (including Near Infrared) are NOT absorbable by the human body, and are usually therefore resisted by the body, and in the case of Ultra Violet Light, which is very strong, can cause not only resistance, but tension, friction, and then sun tan and/or sun burn.

The Relax Sauna semi-conductor chips converts electrical energy to absorbable FIR energy between 4-14 microns (at temperatures up to 140 - 170 degrees), excluding both near and medium infrared rays which can be harmful to the body. Hundreds of other "FIR" Saunas made in China use a hot plate (or heating element) and a black cloth impregnated with charcoal/carbon, which generates only about 20% FIR energy. From experience, we know the Relax Sauna "feels so much better", and takes a lot less time to complete a sweating treatment than any of these other less expensive saunas. The technology of the Relax Sauna is light waves (no pun intended) ahead of the "primitive" technology used in other portable saunas. We recognize the role these saunas do play in the promotion of the healing affects of Far Infrared Light. We don't however believe, they have the intensity to heal large diabetic ulcers in 7 weeks, 20 minutes a day, as The Relax Sauna technology has shown itself able to do.

We have found that the Relax Sauna technology works in about 1/2 the time of other portable sauna technologies. Generally it just takes about 8 minutes to start sweating in the relax sauna, compared to 18 minutes in most other portable saunas. In 20 minutes, you can experience a total sweating treatment, as compared to about 55 minutes in other portable saunas. We have also found that many individuals who have purchased Relax Saunas from us have previously owned other portable saunas that they were very disappointed with, in that they did not sweat and did not get hot enough. The Relax Sauna generates a very PURE Far Infrared Light, as well as a very Intense FIR light. The Relax Sauna also uses 1500 watts, while most of the other portable saunas only use about 1000 watts, and thus do not generate as strong a healing light.

The Relax Sauna has a patent on the 40 semi-conductor chips used in their radiators. This is the Differentiating factor in creating the Far Infrared Healing Light. It took 10 years to invent this chip. A recent imitator of the Relax Sauna claims to have 2 ceramic radiators (that look like they cost \$15 each at a discount center) that generates 7-14 microns of energy, and later they say it generates 4-14 microns of energy. They show a graph showing that it does this at 20 degrees C (68 F). From what we can ascertain, at high temperatures (110 - 170 degrees), their radiators emit very little, if any FIR Healing Light. We believe their advertising to be very misleading, probably untrue, & contradictory. They imply they use semi-conducator program embedded in the chip al- chips, which is definitely not true. We have customers who have bought this sauna, reported to us how harsh lows only 100% FIR Energy be- the energy was in comparison to the warm energy they experienced in the Relax Sauna, were incredibly tween 4-14 microns, as docu- disappointed, returned them, and bought ours, and appreciate the Relax Sauna immensely. A good sweat does not mean you are eliminating heavy metals or toxins if it is not FIR healing light.

How does the Relax Sauna compare to wooden FIR Saunas?

We have sold a number of Relax Saunas to those who already own wooden Far Infrared Saunas, and for which they paid 3 or 4 times the cost of the Relax Sauna. One main reason they have decided to purchase the Relax Sauna is that they do not like waiting 20 minutes or so for their sauna to heat up. Those who own spas cannot service their customers on demand as well for the same reason. The Relax Sauna heats up instantly, and in 20 seconds one can feel the healing light that penetrates, and is absorbed by the body. We have been told by many that they like the fact that your head is NOT inside the Sauna. One lady who was giving a talk after one of our talks was so excited that she finally found a sauna that she could recommend to people because of that feature.

The Relax Sauna is the only sauna that uses a patented semi-conductor chip that guarantees 100% FIR Light. No wooden sauna can match this technology. Some use carbon; others use ceramic chips. But the Semi-conductor chip used by the relax sauna is documented by the FDA to emit 100% absorbable Far Infared Light (between 4 and 14 microns), and technologically appears to be far more advanced than the technologies used by other saunas. The Relax Sauna technology is also listed with the FDA as a medical device. Not all wooden saunas are 100% Far Infrared Light, nor are they necessaily Medical devices.

People also love the fact that the Relax Sauna takes only about 2-3 minutes to put together. Similary, it takes only about 1-2 minutes to take apart, and comes with its own carrying bag. The comfortable deluxe chair comes with it, and weighs about 9 lbs, while the radiator & cover fit in the carrying bag and weigh 17 lbs. You can take it on a trip, whether by car or plane, can use it on a patio or even outside. It is convenient, and works very effectively. The Relax Sauna suggested retail price is \$1050 - \$1200 in the United States.

The Relax Lie Down Sauna is an alternative Sauna for Massage Therapists, designed to fit on a massage Table.



This 1000 watt Lie Down Sauna contains the same technology as the Relax (Sit-up) Sauna, & also utilizes the reflecting surface of the tent to shine 100% pure Far Infrared light.

For more info on the Relax Far Infrared Saunas, contact: